

Introducing MAPA[®] Essentials

£99.95 per person

Get up to
15% discount*
on future training
by attending
this event.

A one-day training programme, providing **essential information** and **skills** for basic **physical intervention** for staff working with people who express themselves through challenging behaviour, aggression and/or violence.

Next Events

- 5 December 2011
- 8 March 2012

Newcastle-under-Lyme, Staffordshire

MAPA[®] Essentials covers:

- Person-centred thinking and values.
- Outline legal framework and ethical issues relating to safe holding and disengagements.
- Basic preventative interventions, including deceleration, de-escalation and enhanced communication.
- MAPA[®] disengagement and low-level holding skills.

complete the
picture...



positive options
CONSULTANCY EDUCATION AND TRAINING



Have you heard about MAPA[®] but want to 'try before you commission a full program'? MAPA[®] Essentials offers a cost-effective solution.

Are you already a MAPA[®] organisation but don't have enough new staff to fill a commissioned programme?

MAPA[®] Essentials - enough to meet elementary health and safety requirements for staff; to cover the basics and enable essential staff cover until you can commission a fully tailored course to meet your organisation's every need for 'safe holding'.



About Positive Options' MAPA® Essentials:

- A BILD accredited physical interventions training programme to assist in the **management of challenging behaviour, aggression, and/or violence.**
- All physical disengagement strategies and holding interventions are **independently risk assessed** every three years; verifiable by the BILD Physical Interventions Accreditation Scheme.
- **Fully certificated programme.** Positive Options certificates over 7,000 people every year directly, and around 25,000 including the activity of its licensed training centres.
- **Handouts provided.** Ongoing telephone consultation and support included as part of the price.
- **Free of charge** PDF 'Policy Framework for Restraint Reduction for Services that Work with People'.
- **Free of charge** PDF 'Keep Me Safe, Treat Me With RespectSM' *clear information* guide about MAPA® for users of services, their families, and carers.
- Attending this programme will contribute towards organisational evidence of meeting the **Care Quality Commission 'Essential Standards of Quality and Safety' (Safeguarding and Safety).**

MAPA® Essentials is delivered as an open training event attended by staff from a variety of organisations in the UK at our offices in Newcastle-under-Lyme, Staffordshire.

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To book or for more information:

Talk to us: 01782 565 102

Email us: people@positive-options.com

Visit us: positive-options.com/essentials



Positive Options is a BILD accredited training provider for
MAPA® physical interventions, since 2004.

We also achieved the **Investors in Excellence** Standard in 2009, and again in 2011.



Hot and cold drinks are provided. Our training venue does not provide catering facilities and lunch is not provided within the cost of the programme. Facilities are available nearby and ample time is provided at lunch to access these facilities. Price excludes VAT which will be charged at the standard national rate.