



## Positive Options Limited News / Media Release

**Release date:** 27 MARCH 2011

**Addressees:** PUBLIC

**Sensitivity Level:** Non-sensitive

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**Subject:** **POSITIVE OPTIONS' POLICY FRAMEWORK FOR RESTRAINT REDUCTION FOR SERVICES THAT WORK WITH PEOPLE**

As part of our work to manage the transition from the *2006 BILD Code of Practice for the Use of Physical Interventions* to the *2010 Code of Practice for the Use and Reduction of Restrictive Physical Interventions*, Positive Options has produced a Policy Framework that is available **free of charge** for its licensed training centres (MAPA® ATCs) and customers that commission a MAPA® or other positive behaviour support direct delivery training event. The Framework, which is available to purchase for non-MAPA® clients and customers from April 1 2011, is priced at £19.95.

The Policy Framework is offered by Positive Options to provide organisations with guidance in developing policy and practice that both sets exemplary standards and meets the specific requirements of the BILD Code and the *Department of Health and Department of Health and Department for Skills and Education - Joint Guidance for Restrictive Physical Interventions (2002)*. In the Framework Positive Options suggests that it is preferable to have a single policy relating to positive behaviour management that incorporates the use of restrictive physical interventions **and** the theme of positive behaviour support, and upholds the spirit of existing national guidance in the public and professional domain relating to a range of preventative

and post-incident interventions. In implementing the Framework organisations' are encouraged not to confuse local policy relating to staff safety with a positive behaviour management policy, which has adding therapeutic value at its centre. The guidance contained within the Framework is not prescriptive as organisations will need to tailor policy to their specific service setting and organisational requirements.

About the Policy Framework, **Chris Stirling**, Director of Creative Development at Positive Options said: "Positive Options is committed to promoting positive behaviour support and through the range of training offerings that are aligned with our Person-Centred Excellence<sup>®</sup> concept we hope to offer whole-person, whole-system solutions to organisations and through this bring about positive outcomes for people who are vulnerable and express their themselves through challenging behaviour and sometimes aggression and violence". **Jeremy Boughey**, Chief Operating Officer said: "we hope that the Policy Framework provides organisations that work with people with a timely refocusing of interventionist approaches that will ensure the balance needed to provide therapeutic responses for service users as well as upholding safety needs for staff, other service users and members of the public". He added: "So far, feedback from organisations about the Framework has been incredibly positive and through this we hope that we can aid the work driven by BILD to ensure further that physical restraint is always the last option in managing a person's behaviour".

Organisations wishing to find out more or to purchase a copy of Positive Options' Policy Framework for Restraint Reduction for Services that Work with People can do so by email: [people@positive-options.com](mailto:people@positive-options.com) or by contacting the company's Customer Service Team on: +44 (0) 1782 565 102.

#### **Editorial Notes:**

Positive Options Limited provides a range of specialist services to organisations in the education, social and health care sectors that support the organisation, its staff, and other carers in the course of their work with people. Positive Options' philosophy and training practices are based upon the principles of person-centred thinking, action and excellence. The Company is a division of the Crisis Prevention Institute, Inc. (CPI), an international training organisation committed to best practices and safe behaviour management methods that focus on prevention.

Positive Options was accredited as a training organisation under the BILD Physical Interventions Accreditation Scheme initially in 2004 and was most recently reaccredited for a three year period in January 2011. The company's accreditation is for the full MAPA<sup>®</sup> restrictive physical interventions training curricular, rather than individual training programmes and through this approach Positive Options is able to share its accreditation under a licensing arrangement with organisations that can demonstrate meeting the standards advocated in the BILD Code and as required in the formal license agreement with Positive Options.

The Company; its directors and instructors, is well published in the subject specialist area of physical interventions and has also contributed to publications by BILD in relation to positive behaviour strategies; most recently, *Supporting Parents and Carers – A Trainer’s Guide to Positive Behaviour Strategies (2008)*.