

Positive Options Limited News / Media Release



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Subject: **'TRY BEFORE YOU BUY!' - POSITIVE OPTIONS 'TASTER' EVENTS FOR POSITIVE BEHAVIOUR SUPPORT (PBS) TRAINING OFFERINGS ANNOUNCED FOR 2011/2012**

During the summer of 2011 Positive Options ran two **free of charge** one-day 'taster' events; **SDM[®] (Supported Decision-Making through Person-Centred Risk Management)** and **PPB[®] (Promoting Positive Behaviour in a Person-Centred Way)**. The aim of these taster events was to give staff in care providing organisations a brief overview of the training module to enable them to make an informed choice about requesting training or commissioning training for the organisation. Both training offerings are aimed at improving the quality of life for vulnerable people and reducing the need for restrictive physical interventions to manage behaviour that can be challenging. We explain behaviour to be challenging when it represents a significant threat to the person's safety or that of others; when it affects the individual's quality of life, and/or when it limits a person's access to the community. Both programmes are consistent with the principles of **Positive Behaviour Support**; namely, they are underpinned by the characteristics of applied behaviour analysis; social valorisation, and person-centred thinking.

Positive Options **SDM[®] taster** provides an overview of the legal and professional framework for paid and unpaid carers in relation to people risks and gives a range of person-centred approaches that could be usefully applied to support effective decision-making together with the people who require the support, in relation to positive risk-taking and risk management.

The **PPB[®] taster** event explores challenging behaviour as a social construct and the impact that this has on the person and others. It provides an understanding of the cause and functions of challenging behaviour and the relationship between the individual and environmental factors that influence behaviour. It also gives a range of person-centred tools, techniques and approaches that can be used to support someone with challenging behaviour.

Positive Options has been providing both training offerings since 2007 and the popularity of both programmes has continued to increase in line with the national focus on restraint reduction across services working with vulnerable people. In relation to the **SDM[®]** training offering, during 2010 the Company worked with a large UK-based charity for people with hearing impairment to pilot and evaluate, independently, the training and its impact on staff confidence in care and support services. The evaluation was strongly favourable and Positive Options is co-authoring a publication for the British Journal of Learning Disabilities (subject to editorial board approval) to be published in early 2012.

Feedback from the two Taster Events that were held in the summer was very positive and as a result of this Positive Options is again offering a 'try before you buy' promotion for both the **PPB[®]** and **SDM[®]** training programmes. Click [here](#) for our media release outlining the success of our summer 2011 'try before you buy' taster events.

Further information for future dates of Positive Options 'Taster Events' can be obtained by clicking [here](#) for **PPB[®] and [here](#) for **SDM[®]**. Remember, these events are offered by Positive Options entirely free of charge and without obligation.**

Editorial Notes:

Positive Options provides a range of specialist services to organisations in the education, social and health care sectors that support the organisation, its staff, and other carers in the course of their work with people. Positive Options' philosophy and training practices are based upon the principles of person-centred thinking, action and excellence. Since 2004 Positive Options has directly trained over 50,000 people in the UK and other parts of Europe and double this amount through its 50+ licensed centres, in its **MAPA[®]** physical interventions approach. The Company is a division of CPI; an international training organisation committed to best practices and safe behaviour management methods that focus on prevention. Through a variety of specialised offerings and innovative resources, CPI educates and empowers professionals to create safe and respectful work environments and enrich the lives of the individuals they serve. Since 1980, more than 6 million professionals around the world have participated in CPI training programs. CPI acquired Positive Options are part of its Group of Companies in April 2010.

Positive Options and CPI are also both accredited physical interventions training providers through the BILD Physical Interventions Accreditation Scheme since 2004. Positive Options was most recently reaccredited in 2011 and CPI in 2010. Click [here](#) for more information about BILD and its Accreditation Scheme.

Additional information about Positive Options is available at positive-options.com

Additional information about CPI in the UK is available at: crisisprevention.co.uk